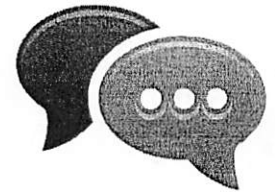


# Considering the possible benefits and risks, is becoming a vegetarian a smart decision?

## Debating the Issue



# GO!

## I. Get ready...

Pick one of these positions (or create your own).

**A** Everyone should be vegetarian because eliminating meat from our diets is better for the environment and better for people's health.

**B** No one should be a vegetarian because, without eating meat, it is difficult to get all of the necessary nutrients. In addition, meat is delicious, and eating it is symbolic of U.S. culture and traditions.

**C** People should have the freedom to choose to eat meat, but the meat industry must change. The meat industry must find a way to reduce their output of greenhouse gases.

**D** Whereas no one should regulate anyone else's diet, schools and doctors should encourage people to eat less meat. Eliminating meat consumption is healthy and good for the environment.

**E** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Be a strong participant by using phrases like these.

*In my experience . . .*

*that's similar to what I think too...*

*What makes you think that?*

*When I re-read the text, it reminded me...*

## 2. Get set...

Be ready to provide evidence to back up your position during your class discussion or debate. Jot down a few quick notes:

---

---

---